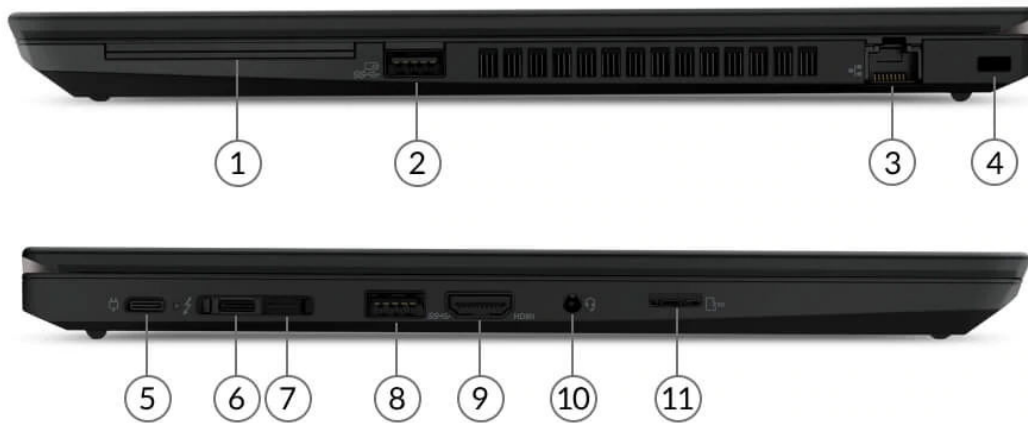


## OVERVIEW



1. Smart card reader *	7. Side docking connector
2. USB 3.2 Gen 1 (Always On)	8. USB 3.2 Gen 1
3. Ethernet (RJ-45)	9. HDMI 1.4b
4. Kensington Security Slot	10. Headphone / microphone combo jack (3.5mm)
5. USB-C 3.2 Gen 1	11. microSD card reader
6. USB-C 3.2 Gen 2 / Thunderbolt 3	

## Notes:

- Ports with \* are only available on selected models
- Optional nano-SIM card slot on the rear side (not shown on the sample product above)
- The combination of 6 and 7 is side docking connector

## PERFORMANCE

### Processor

#### Processor Family

10th Generation Intel® Core™ i5 / i7 Processor

#### Processor\*\*

Processor Name	Cores	Threads	Base Frequency	Max Frequency	Cache	Memory Support	Processor Graphics
Core i5-10210U	4	8	1.6GHz	4.2GHz	6MB	DDR4-2666	Intel UHD Graphics
Core i5-10310U	4	8	1.7GHz	4.4GHz	6MB	DDR4-2666	Intel UHD Graphics
Core i7-10510U	4	8	1.8GHz	4.9GHz	8MB	DDR4-2666	Intel UHD Graphics
Core i7-10610U	4	8	1.8GHz	4.9GHz	8MB	DDR4-2666	Intel UHD Graphics
Core i7-10710U	6	12	1.1GHz	4.7GHz	12MB	DDR4-2666	Intel UHD Graphics
Core i7-10810U	6	12	1.1GHz	4.9GHz	12MB	DDR4-2666	Intel UHD Graphics

### Operating System

#### Operating System\*\*

- Windows® 10 Pro 64
- Windows 10 Home 64
- Linux
- Ubuntu Linux
- No operating system

### Graphics

#### Graphics\*\*

Graphics	Type	Memory	Key Features
Intel UHD Graphics	Integrated	Shared	DirectX® 12
NVIDIA® GeForce MX330	Discrete	2GB GDDR5	DirectX 12

### Monitor Support

#### Monitor Support

Supports up to 3 independent displays (native display and 2 external monitors via HDMI®, USB-C® and Thunderbolt™)

- HDMI supports up to 4096x2160@24Hz
- USB-C supports up to 4096x2304@60Hz
- Thunderbolt supports up to 4096x2304@60Hz

### Chipset

#### Chipset

Intel SoC (System on Chip) platform

### Memory

#### Max Memory<sup>[1]</sup>

- Up to 40GB (8GB soldered + 32GB SO-DIMM) DDR4-2666
- Up to 48GB (16GB soldered + 32GB SO-DIMM) DDR4-2666

#### Memory Slots

One memory soldered to systemboard, one DDR4 SO-DIMM slot, dual-channel capable

#### Memory Type<sup>[2]</sup>

DDR4-2666

#### Notes:

1. The max memory is based on the test results with current Lenovo® memory offerings. The system may support more memory as the technology develops.
2. Installed memory is actually 3200MHz but run at 2666MHz due to processor limitation.

## Storage

### Storage Support<sup>[1]</sup>

One drive, up to 128GB M.2 2242 SSD or 2TB M.2 2280 SSD, optional Intel Optane™ Memory integrated with SSD, M.2

### Storage Type\*\*

Disk Type	Interface	RPM	Security
M.2 2242 SSD	PCIe® NVMe®, PCIe 3.0 x2	-	-
M.2 2280 SSD	PCIe NVMe, PCIe 3.0 x4	-	Opal2
Intel Optane Memory with Solid State Storage, M.2 2280	PCIe NVMe, PCIe 3.0 x4	-	-

### Notes:

1. The storage capacity supported is based on the test results with current Lenovo storage offerings. The system may support larger storage as the technology develops.

## Removable Storage

### Optical

None

### Card Reader

MicroSD card reader

## Multi-Media

### Audio Chip

High Definition (HD) Audio, Realtek® ALC3287 codec

### Speakers

Stereo speakers, 2W x2, Dolby® Audio™

### Microphone

- Dual array microphone, far-field
- No microphone

### Camera\*\*

- HD 720p, with ThinkShutter, fixed focus
- IR & HD 720p hybrid, with ThinkShutter, fixed focus
- No camera

## Battery

### Battery

Integrated Li-Polymer 50Wh battery, supports Rapid Charge (charge up to 80% in 1hr) with 65W AC adapter

### Max Battery Life<sup>[1]</sup>

MobileMark® 2014: 16.5 hr

MobileMark 2018: 11.45 hr

JEITA 2.0: 17.05 hr

### Notes:

1. All battery life claims are approximate maximum and based on results using the MobileMark 2014, MobileMark 2018, JEITA 2.0, continuous 1080p video playback (with 150nits brightness and default volume level) or Google Power Load Test (PLT) battery-life benchmark tests. Actual battery life will vary and depends on many factors such as product configuration and usage, software use, wireless functionality, power management settings, and screen brightness. The maximum capacity of the battery will decrease with time and use.

## Power Adapter

### Power Adapter\*\*<sup>[1]</sup>

- 45W USB-C (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 45W USB-C (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C slim (2-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz
- 65W USB-C slim (3-pin) AC adapter, supports PD 3.0, 100-240V, 50-60Hz

Notes:  
1. AC adapter offerings depend on the country.

## DESIGN

### Display

#### Display\*\*<sup>[1]</sup>

Size	Resolution	Touch	Type	Brightness	Surface	Aspect Ratio	Contrast Ratio	Color Gamut	Viewing Angle	Key Features
14.0"	HD (1366x768)	None	TN	220 nits	Anti-glare	16:9	400:1	45% NTSC	90°	-
14.0"	FHD (1920x1080)	None	IPS	250 nits	Anti-glare	16:9	700:1	45% NTSC	170°	-
14.0"	FHD (1920x1080)	None	IPS	400 nits	Anti-glare	16:9	800:1	72% NTSC	170°	Low power
14.0"	FHD (1920x1080)	Multi-touch	IPS	300 nits	Anti-glare	16:9	700:1	45% NTSC	170°	-
14.0"	FHD (1920x1080)	Multi-touch	IPS	500 nits	Anti-glare	16:9	1000:1	72% NTSC	178°	ThinkPad® Privacy Guard
14.0"	UHD (3840x2160)	None	IPS	500 nits	Glossy	16:9	1500:1	100% Adobe® RGB	178°	Dolby Vision™, DisplayHDR™ 400

#### Touchscreen

- On-cell touch, supports 10-point touch
- Non-touch

Notes:  
1. California Electronic Waste Recycling Fee  
In California, per state law, Lenovo charges an electronic waste recycling fee on this covered device at the time of sale of the product. For more information, go to <https://www.calrecycle.ca.gov/Electronics/Consumer>

### Input Device

#### Keyboard

6-row, spill-resistant, multimedia Fn keys with Unified Communications controls

#### Keyboard Backlight

- LED backlight
- Non-backlight

#### UltraNav™

TrackPoint® pointing device and Mylar® surface multi-touch touchpad

### Mechanical<sup>[1]</sup>

#### Dimensions (WxDxH)

329 x 227 x 17.9 mm (12.95 x 8.94 x 0.70 inches)

#### Weight

Models	Weight
FHD Low Power models	1.49 kg (3.28 lbs)
FHD non-touch models	1.55 kg (3.41 lbs)
FHD Privacy Guard models	1.61 kg (3.56 lbs)
FHD touch models	1.55 kg (3.41 lbs)
HD models	1.53 kg (3.37 lbs)
UHD models	1.49 kg (3.28 lbs)

**Case Color**

Black

**Surface Treatment**

- ISO 22196 compliant anti-microbial surface treatment (not including keyboard, display, and display bezel)
- Not anti-microbial surface treatment

**Case Material**

PPS / 50% GF (top), PC + ABS / Talc15 + magnesium alloy (keyboard cover), PA / 50% GF (bottom)

**Notes:**

1. The system dimensions and weight vary depending on configurations.

## CONNECTIVITY

### Network

**Ethernet\*\***

- Gigabit Ethernet, Intel Ethernet Connection I219-LM (vPro models), 1x RJ-45, supports Wake-on-LAN
- Gigabit Ethernet, Intel Ethernet Connection I219-V (non-vPro models), 1x RJ-45, supports Wake-on-LAN

**WLAN + Bluetooth<sup>[1][2]</sup>**

- Intel Wi-Fi® 6 AX201, 802.11ax 2x2 Wi-Fi + Bluetooth 5.1
- No WLAN and Bluetooth

**WWAN\*\*[3]**

- Wireless WAN upgradable to 4G (with antenna ready)
- Fibocom L850-GL, 4G LTE CAT9, M.2 card
- Fibocom L860-GL-16, 4G LTE CAT16, M.2 card
- No support

**SIM Card**

- Gemalto eSIM
- No SIM card inbox

**NFC**

- Near Field Communication
- No support

**Notes:**

1. Bluetooth 5.2 is hardware ready but may run at a lower version due to OS limitation
2. Wi-Fi 6 full features might be limited by country-level restrictions.
3. For non-WWAN model, it means the model is NOT WWAN upgradable.

### Ports<sup>[1]</sup>

**Standard Ports**

- 1x USB 3.2 Gen 1
- 1x USB 3.2 Gen 1 (Always On)
- 1x USB-C 3.2 Gen 1 (support data transfer, Power Delivery and DisplayPort™ 1.2)
- 1x USB-C 3.2 Gen 2 / Thunderbolt 3 (support data transfer, Power Delivery and DisplayPort 1.2)
- 1x HDMI 1.4b
- 1x microSD card reader
- 1x Ethernet (RJ-45)
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Side docking connector

**Optional Ports\*\*\***

- 1x Smart card reader
- 1x Nano-SIM card slot (WWAN support models)

**Notes:**

1. The transfer speed of following ports will vary and, depending on many factors, such as the processing speed of the host device, file attributes and other factors related to system configuration and your operating environment, will be slower than theoretical speed.  
USB 2.0: 480 Mbit/s;  
USB 3.2 Gen 1 (SuperSpeed USB 5Gbps, formerly USB 3.0 / USB 3.1 Gen 1): 5 Gbit/s;

# ThinkPad T14 Gen 1 (Intel)

USB 3.2 Gen 2 (SuperSpeed USB 10Gbps, formerly USB 3.1 Gen 2): 10 Gbit/s;  
USB 3.2 Gen 2x2 (SuperSpeed USB 20Gbps): 20 Gbit/s;  
Thunderbolt 3/4: 40 Gbit/s

## Docking

### Docking

Various docking solutions supported via Thunderbolt / USB-C.

For more compatible docking solutions, please visit [Docking for ThinkPad T14 Gen 1 \(Intel\)](#)

## Monitor Cable

### Monitor Cable\*\*\*

- Lenovo HDMI to VGA Monitor Adapter
- Lenovo USB-C to VGA Adapter
- Lenovo USB-C to DisplayPort Adapter
- No monitor cable

## SECURITY & PRIVACY

## Security

### Security Chip\*\*

- Firmware TPM 2.0 integrated in chipset
- Discrete TPM 2.0, TCG certified
- Disabled (in some regions)

### Physical Locks

Kensington® Security Slot™

### Smart Card Reader

- Smart card reader
- No smart card reader

### Fingerprint reader

- Touch style fingerprint reader on palm rest, match-on-chip
- No fingerprint reader

### BIOS Security

- Power-on password
- Supervisor password
- Hard disk password
- Self-healing BIOS

### Other Security

- (Optional) ThinkShutter camera cover
- (Optional) IR camera for Windows Hello
- (Optional) Privacy Guard with Privacy Alert

## MANAGEABILITY

## System Management

### System Management<sup>[1]</sup>

- Intel vPro
- Non-vPro

Notes:

1. Intel vPro offers a superset of DASH's defined capabilities.

## SERVICE

## Warranty

### Base Warranty\*\*<sup>[1]</sup>

- 1-year depot service
- 1-year courier with 2-year system board service (Korea only)
- 1-year limited onsite service
- 1-year + 2-year depot service
- 1-year + 2-year limited onsite service
- 3-year (1-yr battery) depot service
- 3-year (1-yr battery) limited onsite service
- No base warranty

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**Notes:**

1. More information of warranty policy, please access <https://pcsupport.lenovo.com/warranty>

## ENVIRONMENTAL

### Operating Environment

#### Temperature<sup>[1]</sup>

- Operating: 5°C (41°F) to 35°C (95°F)
- Storage and transportation in original shipping package: -20°C (-4°F ) to 60°C (140°F)
- Storage without package: 5°C (41°F) to 43°C (109°F)

#### Humidity

- Operating: 8% to 95% at wet-bulb temperature 23°C (73°F)
- Storage and transportation: 5% to 95% at wet-bulb temperature 27°C (81°F)

#### Altitude

Maximum altitude (without pressurization): 3048 m (10,000 ft)

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**Notes:**

1. When you charge the battery, its temperature must be no lower than 10°C (50°F).

## CERTIFICATIONS

### Green Certifications

#### Green Certifications

- EPEAT™ Gold
- ENERGY STAR® 8.0
- RoHS compliant

### Other Certifications

#### Mil-Spec Test

MIL-STD-810G military test passed

- Feature with \*\* means that only one offering listed under the feature is configured on selected models.
- Feature with \*\*\* means that one or more offerings listed under the feature could be configured on selected models.
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